2023 Section Annual Report: Part 1 for
SOCIOLOGY OF MENTAL HEALTH

Introduction
Annual reports are used by the Sections Committee to assess the health of a Section, measure the Section's vitality, and identify processes, programs, or initiatives that could serve as a model for other Sections. In addition, they serve to provide institutional memory, socialize new Section leaders, and promote transparency to Section members.

This annual report covers the period of Section activity from September 2022 to August 2023 and a fiscal year from January 2023 to December 2023. This portion of the report will be shared publicly.

Section Governance
Provide details of your Section's governance activity during the period between September 2022 and August 2023.

Business Meeting
Copy and paste below (or attach separately) the agenda and draft/approved meeting minutes from the Section business meeting which include a count of members present and summary of decisions made at this meeting. Minutes are not a transcript of proceedings, but a listing of what discussions took place and official actions taken.

See attachment 1.

Council Meeting
Copy and paste below (or attach separately) the agenda and draft/approved meeting minutes of all council meetings. Minutes must include a list of council members present and a summary of decisions made. Minutes are not a transcript of proceedings, but a listing of what discussions took place and official actions taken.

See attachment 2.

Awards
Provide a list of Section awards and awardees conferred in the past year.

See attachment 3.

2023 Finances
Provide a narrative on how the 2023 budget matched with actual expenses and income from 2023. Please account for any substantive differences.

See attachment 4.

The Previous Year
Describe Section activities during the period between September 2022 and August 2023.

Provide an overview of the Section's communications with its members and include explanation of how your communication strategy meets the goals and values of the Section. Include links to the section website, newsletters, and any other electronic media used.

We plan to continue the usual forms of communication, including send regular announcements via the ASA Connect, distributing Section Newsletters across the course of the year, and maintaining our ASA website.

Describe the Section's diversity, equity, and inclusion goals. What steps were taken this year to achieve those goals?

We are reviving our formal mentoring efforts in the Section. Those efforts somewhat stalled in 2021 and 2022. We hope to expand both the scope (e.g., including early career faculty) and programming based on lessons learned from the first year of the mentoring program. We also experimented with combining our reception and awards ceremony during the 2023 annual meeting. It was suggested at last year's Business Meeting that combining these events would give more opportunities for members from diverse personal and professional backgrounds more of an opportunity to interact. The feedback afterward suggest it did not, and an additional suggestion was made at the 2023 Business Meeting to once again work collaborative with Medical Sociology to have a joint reception in 2024 (these plans are in the works).

Provide an overview of the section's programming at the annual meeting and include explanation of how this programming meets the goals and values of the section (e.g. intellectual exchange, professional networking, mentoring, inclusion).

We held two, exceptionally well attended (50+ attendees each) sessions. Here is a listing of each session:

Session 1: Racial-Ethnic, Sexuality, and Gender-related Disparities in Mental Health

Organizers:

**Mieke B. Thomeer McBride, Associate Professor
Department of Sociology
University of Alabama Birmingham
Heritage Hall 460
1401 University Blvd.
Birmingham, AL 35233
Email: mthomeer@uab.edu
Work phone: 205-996-2301**

**Myles Moody, Assistant Professor
Department of Sociology
University of Alabama Birmingham**

Heritage Hall 460
1401 University Blvd.
Birmingham, AL 35233
Email: mdmoody@uab.edu
Work phone: 314.435.8775

Description: This session will include empirical studies using multiple methods that address how mental health inequities related to race, gender, and sexuality (and more specifically, related to racism, sexism, transphobia, and homonormativity and homophobia) are created, maintained, and even reduced.

Session 2: Social Connections and Mental Health
Organizer:

Lijun Song, Ph.D.
Associate Professor of Sociology, Medicine, Health, and Society, & Asian Studies, and
Director, Social Networks and Inequalities Lab (SNAIL)
Vanderbilt University
Department of Sociology
PMB 351811
Nashville, TN 37235-1811
Email: lijun.song@vanderbilt.edu
Phone: (615) 322-1731

Description: We welcome cutting-edge research that moves forward the age-old research tradition on social connections and mental health inequalities. Social connections are a broad concept and involve (but are not limited to) research topics on social relationships, social networks, social isolation, and loneliness.

Provide an overview of the Section's programmatic activities outside of the Annual Meeting (e.g. webinars, networking events, mentoring initiatives, resources for dissemination) and include explanation of this programming meets the goals and values of the Section.

This past year we did not host any programmatic activities outside of the Annual Meeting.

SECTION ON SOCIOLOGY OF MENTAL HEALTH BUSINESS MEETING MINUTES

Friday |August 18. 2023
3:00 – 3:30pm (EDT)
Marriott Philadelphia Downtown, Level 4, Franklin Hall 6

I.   Call to Order & Welcome | Donna McAlpine, University of Minnesota-Twin Cities and Eric R Wright, Georgia State University
   a. The meeting began at 3pm EDT. Eric Wright welcomed everyone to the meeting.
   b. 32 members were in attendance

II.   Reports & Discussion Items
   a. Welcome New Council Members

Position	Member
Chair	Eric R. Wright
Chair-Elect	Lijun Song
Past Chair	Donna McAlpine
Secretary/Treasurer	Lucie Kalousova
Nominating Committee Chair	Patricia Louie
Nominating Committee Chair-Elect	Rachel Donnelly
Publications Committee Chair	Teresa Scheid
Membership Committee Chair	Lacee Satcher
Award Committee Chair	Michael Hughes
Student Representative	Mercedes Tarasovich
Council	Christy Erving
Section Webmaster	Richard Edward Adams

   b. Secretary/Treasurer Reports 2022-2023 | Bianca Manago
      i. Section should be careful with spending in future, consider partnering with other sections for reception
      ii. Discussed separating the reception from the awards in future and doing a joint reception
      iii. Approval of Budget
         1. Theresa Scheid moved, Blair Wheaton seconded, Unanimous in favor

   c. Nominations for Council Members | Pat Louie
      i. Reminded section to please nominate folks for council memberships

   d. Report on Membership | Brittany Hearne
      i. Membership is still lower than it's been in past years
      ii. Encouraged faculty to pay for student memberships

     e. Section Awards | Michael Hughes
         i. Discussion of frequency of book vs. paper award
         ii. Decided to have paper award every year (best article in past 2 years), book award every other year (best book in past 3 years)
         iii. Recommended that articles and books stay in cue for consideration in subsequent years (as long as they fit the retrospective criteria)
         iv. Teresa Scheid moved, Kristen Marcussen seconded, unanimous

III. Report on *SMH* | From Alex E. Bierman, University of Calgary and Scott Schieman, University of Toronto
         i. Impact factor increased from 3.5 to 5.1, surpassing JHSB
         ii. Turnaround time improved – full set of reviews received within 1 or 2 months
         iii. Looking for new editors

IV. Thank you to outgoing Council Members

V. Transition of Section Chair to Eric Wright, University of Georgia

VI. Adjourn at 3:32pm

SECTION ON SOCIOLOGY OF MENTAL HEALTH COUNCIL MEETING AGENDA

Friday |August 18. 2023
7:00am (EDT)

<u>Virtual:</u>
Meeting ID: 829 8119 8270
Passcode: 539171

<u>In Person:</u>
Marriott Philadelphia Downtown, Level 4, Franklin Hall 6

I.   Introductions & Welcome New Council Members | Donna McAlpine, University of Minnesota-Twin Cities and Eric R Wright, Georgia State University
   a. The meeting began at 7am EDT. Eric Wright welcomed council members to the meeting.
   b. In attendance: Eric Wright, Mike Hughes, Christy Erving, Patricia Louie, Lijun Song, Brittany Hearne, Matt Grace, Teresa Scheid, Bianca Manago, Richard (Dick) Adams, Lucie Kalousova, and Lacee Satcher (11)

II.   Reports & Discussion Items
   a. Secretary/Treasurer Reports 2022-2023 | Bianca Manago
      i. Pat Louie moved and Teresa Scheid seconded to approve 2022 minutes
         1. Unanimous approval
      ii. Section should be careful with spending in future, consider partnering with other sections for reception
      iii. To be discussed and voted on in the business meeting
      iv. Discussion on decreasing amount allocated to awards and website but no official edit to budget – perhaps for next year

   b. Report on Membership | Brittany Hearne
      i. Membership is still lower than it's been in past years, which is contributing to lower financial solvency
      ii. We again raised a discussion of separating cost of section membership from journal
      iii. 20% fewer members than in 2020
      iv. Consider reviving mentorship program

   c. Nominations for Council Members | Pat Louie
      i. Pat will solicit nominations for new council members and reach out to Rachel (incoming Nominations Committee Chair) to double check

   d. Section Awards | Michael Hughes
      i. Discussion of frequency of book vs. paper award regarding best publication
      ii. Decided to have further discussion at Business Meeting

Attachment 2. Sociology of Mental Health Section Annual Report

III.   Discussion Items
  a. Communications
        i. Listserv and Newsletter: Eric and Teresa will collaborate on how to manage the new listserv and what aspects of the newsletter to incorporate into the listserv.
        ii. Websites: We have two websites – ASA hosted and one hosted at Kent State.
        iii. Not going to worry about paying graduate students to do listserv.
  b. Donation of Section Funds to Best Dissertation Travel and Minority Fellowship Program:
        i. We've not paid either of these things recently because travel hasn't been happening for a couple years.
  c. Acknowledgement and celebration of *Society and Mental Health* Impact Factor increase.
  d. Mentorship Program:
        i. Need to reach out to new student member to increase engagement with mentorship program.

IV.   Welcome incoming and thank you to outgoing Council Members!

V.   Transition of Section Chair to Eric Wright, University of Georgia

VI.   Adjourn

Section on the Sociology of Mental Health Awards for 2023

Best Dissertation Award – Mia Brantley, University of South Carolina. "Before the World Gets Them": The Impact of Racialized Parenting on Black Mothers

It is clear that racism undermines the health and well-being of Black people, but the pathways through which this happens are complex and not fully known. The goal of Mia Brantley's dissertation is to understand this process with a particular focus on how the stress of racism proliferates through Black families. Her study examines the interconnected nature of mother-child relationships in the context of racism, showing how racism worsens the mental, emotional, and physical well-being of Black mothers. Her study utilized qualitative in-depth interviews with 35 Black mothers of children in adolescence and emerging/young adulthood. Interviews took place during 2019-2021 in the midst of a public reckoning via the Black Lives Matter movement following the killing of several Black people at the hands of law enforcement and civilians. While this period was incredibly challenging for many Black Americans, Black mothers were particularly affected by the violence while simultaneously being cast into the movement as leaders. Interviews with mothers about their experiences as parents, including how their parenting is shaped by being Black and having Black children generated narratives that show how anti-Black racism impacts the lives of their children, as well as how their children's experiences transmit stress to the mothers themselves. This qualitative project allows for further interrogation into the racialized pathways through which being a Black mother in America today matters for health in detrimental ways, giving us some clues to longstanding puzzles about the relationship between racism and health. Through a Black feminist lens, this study reveals how Black mothers distinctly identify vicarious experiences of racism and how they generate stress within their familial context. This study makes a major contribution to the sociology of mental health by extending previous family, race, and well-being scholarship by exploring various forms of racism that contribute to Black maternal health and well-being.

Best Graduate Student Paper (Co-Winner)– Caroline V. Brooks, Indiana University.

"Helpful or Hurtful? Untangling Mechanisms Linking Hispanic Immigrant Networks and Health"

Research on social networks and health frequently assumes beneficial effects of social networks and is largely based on white samples. Caroline Brooks challenges these assumptions with a longitudinal study of the health of recent immigrants to the U.S. from Mexico and Central America. She examines how various aspects of network structure, function, and composition are associated with a range of health outcomes, including mental health, physical health, and avoidance of health services. She finds that the kinds of networks that are beneficial or harmful for mental health differ from those that are protective of physical health. Specifically, while close, tightly-knit networks are associated with lower levels of depression, anxiety, and stress, networks with greater health knowledge are protective of physical health. Moreover, having

close core networks is not without costs – the presence of people who hassle, cause problems, or make life difficult is associated with significantly worse mental health outcomes. Findings are discussed in the context of collectivist and co-ethnic culture, contrasted with the potential for ties to become stressful and burdensome.

Best Graduate Student Paper (Co-Winner)– Colter J. Uscola, University of British Columbia.

"Drinker Identity Development: Shame, Pride, and a Thirst to Belong" 2023. *Society and Mental Health*, 13 (1): 45-60. https://doi.org/10.1177/21568693221141

Identity theorists usually assume that individuals construct and maintain a culturally valued sense of self grounded in positive identities. In contrast, Colter Uscola found that a positive sense of self could be based on a negative identity, that of heavy drinker. While progressing deeper into alcohol misuse, the participants in Mr. Uscola's study created a heavy drinker role that provided a sense of belongingness that was seemingly unobtainable elsewhere. Drawing on social psychology, especially, symbolic interactionism, along with the sociology of emotions and identity, Mr. Uscola revealed the process by which drinker identities form. As culturally valued roles — daughter/son, athlete, or student — were invalidated by peer, parents, community members, and others, participants experienced persistent negative emotions, especially shame, which motivated them so seek other roles. When peers validated their role as a drinker, drinkers experienced pride, driving them to drink more frequently. They landed on a personally valued role of low expectations, one only requiring them to drink. Eventually, contradictions emerged between new-found social ties and validation of the drinker role, stigmatizing the drinker role and causing one to experience persistent shame, further embedding them within a state of alcohol misuse. This study provides an important theoretical foundation for the development of intervention programs designed to hinder the acquisition of self-concepts that negatively impact mental health and personal wellbeing across the life course.

Best Publication Award in the Sociology of Mental Health

Laura Upenieks, Baylor University
Ioana Sendroiu, University of Hong Kong
Ron Levi, University of Toronto
John Hagan, Northwestern University

"Beliefs about Legality and Benefits for Mental Health." *Journal of Health and Social Behavior*, *63*(2): 266–282. https://doi.org/10.1177/00221465211046359.

Despite growing attention to mass incarceration and its psychological sequelae, less research has focused on what is perhaps the bedrock of civil society: people's views about the legitimacy of the law. Taking seriously the institutional determinants of mental health, Laura Upenieks, Ioana Sendroiu, Ron Levi, and John Hagan use longitudinal survey data collected in the Greater Toronto Area to explore how beliefs regarding the fairness of the justice system bear on people's

mental health. Employing a sophisticated analytic approach, the authors document a substantial negative association between beliefs about legality and mental health, whereby greater beliefs in the fairness of the legal system predict fewer depressive symptoms. The magnitude of this association is profound. Indeed, the effect of legality beliefs on depressive symptoms is surpassed by only one other variable: people's mental health at the first survey wave. This relationship persists even after extensive adjustment for sociodemographic factors, further reinforcing the universality of these beneficial effects. In their argumentation, the authors expertly fuse the theoretical and conceptual foundations of the sociology of mental health with penetrating insights from the sociology of law, cultural sociology, and social psychology. In integrating these subfields, the authors reveal the law to be a central organizing institution that shapes people's wellbeing in society. These findings urge us to retrain our analytic focus to interrogate how macro-level forces like cultural scripts and value systems become realized in people's everyday lives, and in turn, their mental health.

The Leonard I. Pearlin Award for Distinguished Contributions to the Sociological Study of Mental Health

2023 Awardee: Elaine Wethington, Cornell University

Dr. Elaine Wethington is an internationally-known scholar on the sociology of mental health and illness. Her first high impact publication demonstrated that perceived support, rather than received support, buffered the relationship between life stress and depressive symptoms. This was one of the first studies in the field of sociology to incorporate the role of appraisal and meaning in assessing the impact of stress on health. She built on these findings to collaborate on studies of coping with stress that used new and innovative measures to at the level of daily experience to understand the dynamics of health and mood across time. She extended her research to incorporate the biopsychosocial perspective on stress into studies of health across the life course, a perspective gaining greater currency in sociology in recent years. This perspective has been incorporated into not only health and medical sociology but also research in psychology and neuroscience as the theory of allostatic load.

This body of research has made truly significant contributions to theory, research, and methods in the sociological study of mental health – particularly with respect to the social determinants of emotional well-being as individuals age and move through the second half of the adult life course. Her extensive body of work on the unique stressors to which older Americans are exposed, the availability and quality of their social relationships and social support as well as their mental health has increased social scientific knowledge about aging and subjective well-being, which have public policy implications. Through her committed teaching and mentoring, Dr. Wethington has had a hand in the training and development of generations of mental health scholars in sociology and cognate fields. By assuming leadership roles in centers at her university as well as on committees in federal granting agencies, she has an exceptional record of building infrastructure that supports research on aging and mental health. We are grateful for Elaine's welcoming and supportive presence in our section as well as her outstanding work as Editor of SMH. For these reasons Elaine Wethington is an ideal choice for the 2023 Leonard I. Pearlin Award for Distinguished Contributions to the Sociological Study of Mental Health.

REPORT FROM THE SECRETARY-TREASURER

ASA Sociology of Mental Health Section
Bianca Manago – August 2023

The section financial report from ASA ending June 30, 2023 is appended to the end of this report. The Section remains financially healthy, but decreased membership and reception expenses could erode the budget. To save money on reception costs, the Section may consider doing a joint reception in 2024. A joint reception would result in splitting costs with another section. To increase revenue, the Section should increase efforts to recruit and retain members.

Income
The section's income is generated by two sources:
1. The Section allocation from ASA and member dues, both of which depend on the number of members.
2. Royalties from the publication of the Handbook for the Study of Mental Health, published by Cambridge University Press and edited by Teresa Scheid and Eric R. Wright. The royalties typically decrease each year after the publication of the most recent edition. From the 3rd edition, the section earned about $1000[1] in both 2020 and 2021. In 2022, royalties decreased to $73 and no royalties were reported for 2023.

Expenses
The major expense each year is the reception at the annual meeting. Last year, the Section spent $5,524 on the reception. This amount is about $2,000 more than budgeted.

Pearlin Fund
The Pearlin fund is kept separate from the general fund. It continues to generate a moderate amount of interest, which is returned to the fund. It has been used to purchase student memberships and, during budget shortfalls, to pay for awardee meals at the awards dinner.

2023 Projected Budget
The draft budget for the Sociology of Mental Health Section (19) for 2023 is attached. Previous budgets, income, and expenses from 2021 and 2022 were used to generate this budget.

Membership
Last year at this time (August 1, 2022), we had 271 members. As of August 7, 2023, we have 268 members. Both 2022 and 2023 membership numbers are about 20% lower than our 2021 membership numbers, in which we had 339 members. When recruiting for next year, we might want to focus efforts on recruiting student-members, 25% of our section members are students, compared to 32% of ASA. Also, if considering a joint reception, we may consider hosting with Medical Sociology, Social Psychology, or Aging and the Life Course. We have substantial membership overlaps with each section (169, 73, and 68, respectively).

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[1] The 2020 royalties were $913, and the 2021 royalties were $1022.

DRAFT BUDGET FOR 2024

Expected Expenditures

Expense Category	Budgeted Amount	Details
Annual Meeting		
Reception	$ 3,500	
Other Meeting Expenses		
Awards		
Student Awards		
Award Plaques	$ 500	
Other		
Communications		
Website	$ 200	Website Maintenance
Newsletter		
Other		
Miscellaneous		
Membership	$ 500	
Other		
Total Budgeted Expenditures	$ 4,700	*Sum estimated expenses*

Estimated Income

Income Category	Estimated Amount	Details
Section Allocation – Base	$ 840	[2] *Conservative estimate based on current membership numbers*
Section Allocation – Per Member	$ 536	*Number of members * 2*
Premium Dues	$ 250	*Estimated based on last year's numbers*
Contributions		
Misc		
Total Estimated Income	$ 1,626	*Sum estimated income*

Budget Summary

Estimated Remaining Balance at end of December 2023	$ 10,000	*Accounting for all estimated costs for the remainder of the year, estimate the remaining balance.*
Total 2024 Estimated Income	+$ 1,626	*Fill in from the Estimated Income table above*
Total 2024 Budgeted Expenditures	- $ 4,700	*Fill in from the Expected Expenditures table above*
Total	= $ 6926	*To calculate net amount, sum Lines 1 and 2, then subtract Line 3.*

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[2] *Sections with 300 or more members receive a base allocation of $1,000. Sections with fewer than 300 members and more than 200 members receive: [# of section members - 100] x $5*